

## Staph Infection Containment in Athletic Departments

Date of Contact: \_\_\_\_/\_\_\_\_/\_\_\_\_

Health Department Contact Person \_\_\_\_\_

HD Contact Phone Number: \_\_\_\_\_ HD Contact email: \_\_\_\_\_

The Texas Department of State Health Services Infectious Disease Surveillance and Epidemiology Branch has provided this document as a summary checklist of actions to be taken in the event that a staphylococcal infection occurs at a particular site in the community. The document is based on current best practices in infection control. While the Infectious Disease Branch recommends these practices and can consult in their implementation, it does not regulate them. Practices that are legally regulated are shaded.

### Education and Training

- ☐ *Prevention and Containment of Staphylococcal Infections in Communities* is available.
- ☐ Everyone has received hand hygiene training and can demonstrate procedure.
- ☐ Everyone knows to report new infections or infections that become worse to \_\_\_\_\_ (person's name).
- ☐ Training material is available to everyone. (See *What to do about Your Skin Infection*.)
- ☐ Everyone knows the policy on work restrictions for an employee with a skin infection.
- ☐ Parents of minor children have been notified of the infections in accordance with FERPA.
- ☐ Persons responsible for changing bandages know how to change them. (See *Taking Care of Wounds that are Draining or Have Not Healed*.)
- ☐ Verbal training in the appropriate language and educational level has been done.
- ☐ Training is documented. (Sample log in appendices.)

### Implementation of Containment Procedures – Treatment

- ☐ \_\_\_\_\_ (person's name) is responsible for keeping a daily log of infected persons. (Sample log in appendices.)
- ☐ Persons with draining infections that cannot be contained by simple bandages are being seen by a healthcare provider.
- ☐ Infected persons who have fever or impetigo are excluded from school until readmission criteria have been met. [See Texas Administrative Code Title 25, Part 1, Chapter 97, Subchapter A Rule 97.7.]
- ☐ Infected persons, who are not specifically excluded, are restricted from situations that might bring the infection or drainage into contact with other persons (contact sports) or personal items or that would result in the infected area becoming exposed, wet, or soiled.
- ☐ Infected persons, who are not specifically excluded, always have infections securely covered with a clean, dry bandage. Clothing should cover the bandage if possible.
- ☐ Persons responsible for changing bandages have access to all needed supplies including clean, non-sterile gloves, soap, water, bandage, and plastic trash bags.
- ☐ Physician-prescribed antibiotics are stored as described on the antibiotic label or as instructed by the pharmacy.

### Implementation of Containment Procedures – Hygiene

- ☐ Everyone is required to perform hand hygiene at appropriate times and places.
- ☐ Hand washing facilities are located in accordance with city/county health codes. [Consult local health authority.]
- ☐ Liquid soap and paper towels are available and accessible.
- ☐ Alcohol-based hand sanitizer is provided where soap and water are not available.
- ☐ Persons do not share personal items (towels, soap, razors, nail clippers, make-up, shampoo).
- ☐ Everyone showers at least daily and after participating in athletic activities, especially those with physical contact (wrestling, football).
- ☐ Precautions are taken to prevent any situations that might bring the infection or infection drainage into contact with companion animals (mascots).

## **Staph Infection Containment in Athletic Departments continued**

### **Implementation of Containment Procedures – Laundry**

**(if onsite laundry facilities or contract laundry services are provided)**

- ☐ Infected team member's clothing and linens are washed separately from other team members' laundry.
- ☐ Uniforms and towels are washed with detergent appropriate to water temperature.
- ☐ Bleach is used when possible.
- ☐ Uniforms and towels are dried thoroughly at highest heat fabric can tolerate.

### **Implementation of Containment Procedures – Environmental Surfaces**

- ☐ \_\_\_\_\_ (person's name) is responsible for cleaning and disinfecting.
- ☐ Initial thorough cleaning and disinfecting of all environmental surfaces has been done with an EPA-approved disinfectant.
- ☐ Cleaners and disinfectants are available.
- ☐ Trash receptacles are accessible for disposal of cleaning materials.
- ☐ Exam table cover is removed or table top is disinfected between athletes.
- ☐ All high touch surfaces (exercise equipment, door knobs, counter/disk tops) are thoroughly cleaned and disinfected daily with an EPA-approved disinfectant.
- ☐ Items that cannot be disinfected (cracked seat pad, cracked mats) are discarded.
- ☐ A cleaning log is kept.

### **SIGNS in the appropriate language and educational level are posted prominently around the department**

- ☐ Reminding persons to wash hands.
- ☐ Reminding persons to disinfect shared items prior to use.
- ☐ Informing persons where to direct complaints about possible contamination of facilities or equipment.

All resources mentioned in this checklist, as well as more detailed information about prevention and containment of staphylococcal infections, are available at the Texas Department of State Health Services website at [www.mrsaTexas.org](http://www.mrsaTexas.org) or by calling (512) 458-7676 and asking for information about staph.